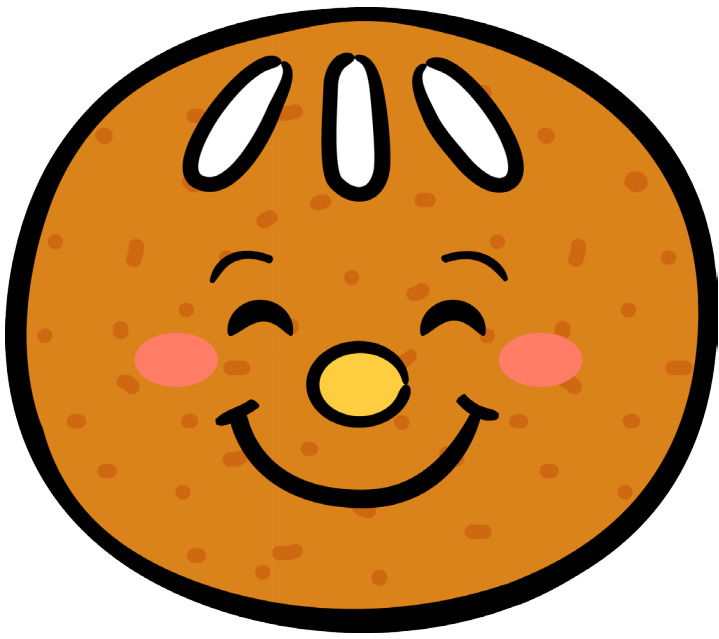




How do you feel today?



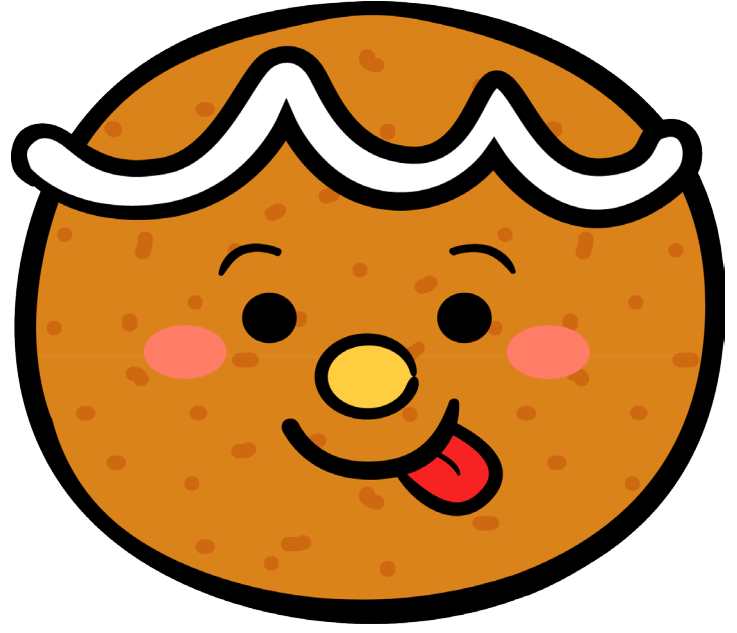
happy



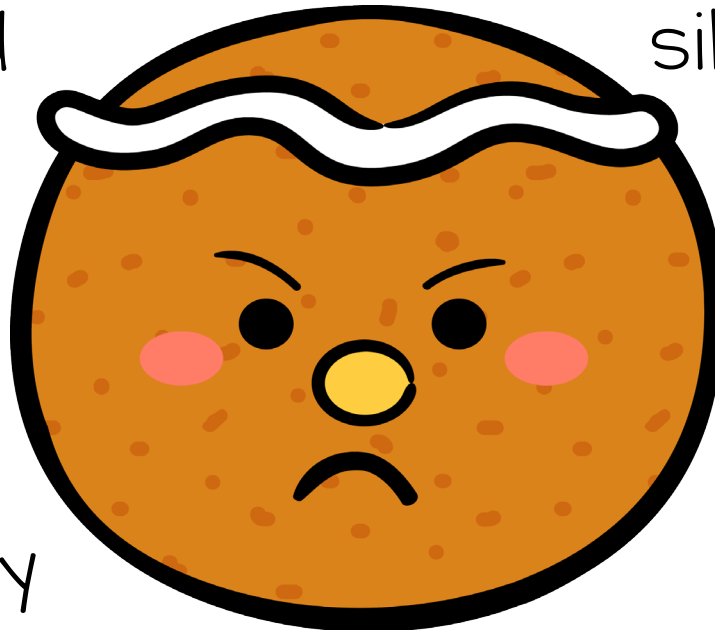
worried



sad



silly



angry

Cut out the gingerbread faces and place the one that best shows how you are feeling right now.

Does that feeling change during the day? Switch it!

Thank you to Life Over C's and naturalbeachliving.com