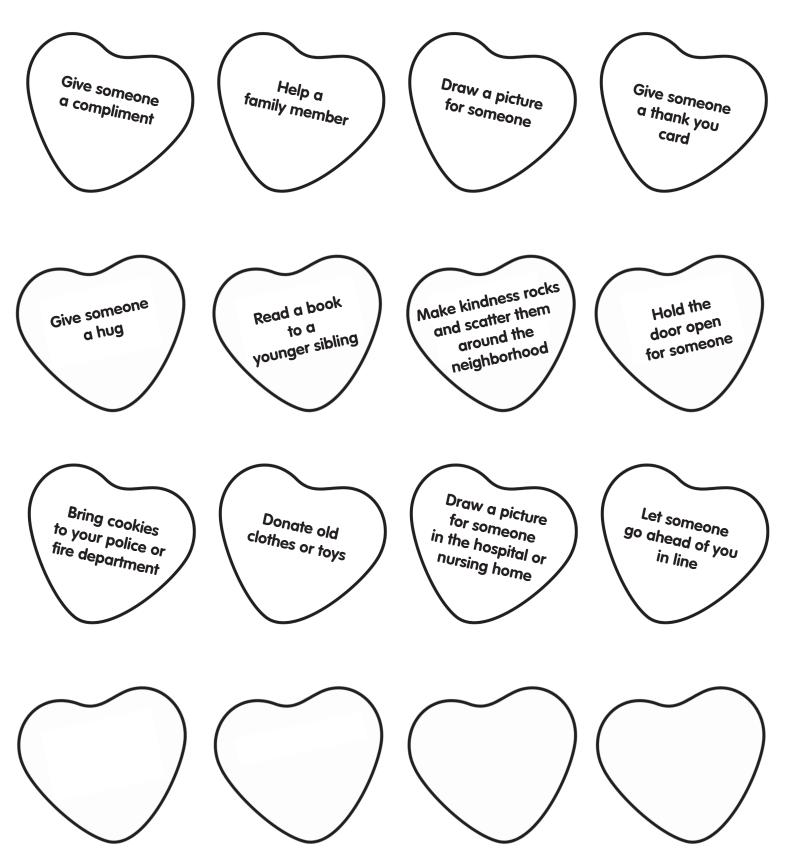
FAMILY KINDNESS JAR

A chance for the whole family to spread kindness together!

- •Color and cut out the hearts with the help of a grownup. (great fine motor skills practice!)
- Each time you complete a "BE KIND" activity add it to your jar.

Watch your jar fill with kindness!



Use the last four blank hearts to write or draw your own kindness ideas and add them to your jar!

