

FINDING Kindness

ACTIVITY KIT



DEBORAH UNDERWOOD *illustrated by* IRENE CHAN

..... Where Do You Find Kindness?

Build a Mural of Kindness

In *Finding Kindness*, we learn lots of different ways people can be kind to one another—such as offering a seat to someone on a train or waving hello to a friend at a park! What are some additional ways and places you can find kindness in your community?

Follow the directions below and use the magnifying glass template on the next page to build a mural of kindness. Work with your friends/classmates to decorate a wall with all the different places and ways you can be kind to one another!

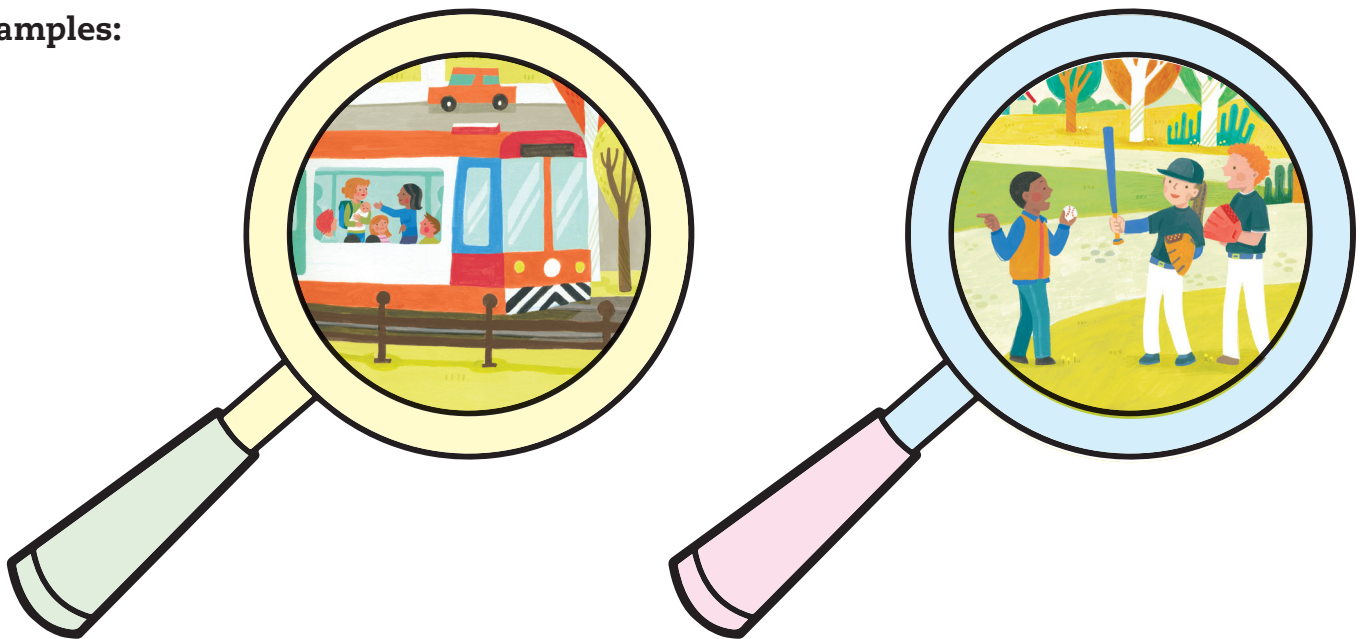
Materials Needed:

- Magnifying glass picture (see next page—copy as needed)
- Crayons/markers/coloring pencils
- Large sheet of construction paper
- Masking tape

Directions:

1. Inside the magnifying glass, draw a picture of an act of kindness you might find in your community.
2. On the lines at the bottom of the page, write your name and where you find kindness.
3. Make a centerpiece for your mural. On a large sheet of paper, write “FINDING KINDNESS” and work with your group to decorate the paper.
4. Tape all of your magnifying glasses and the centerpiece to a wall to display your mural of kindness!

Examples:

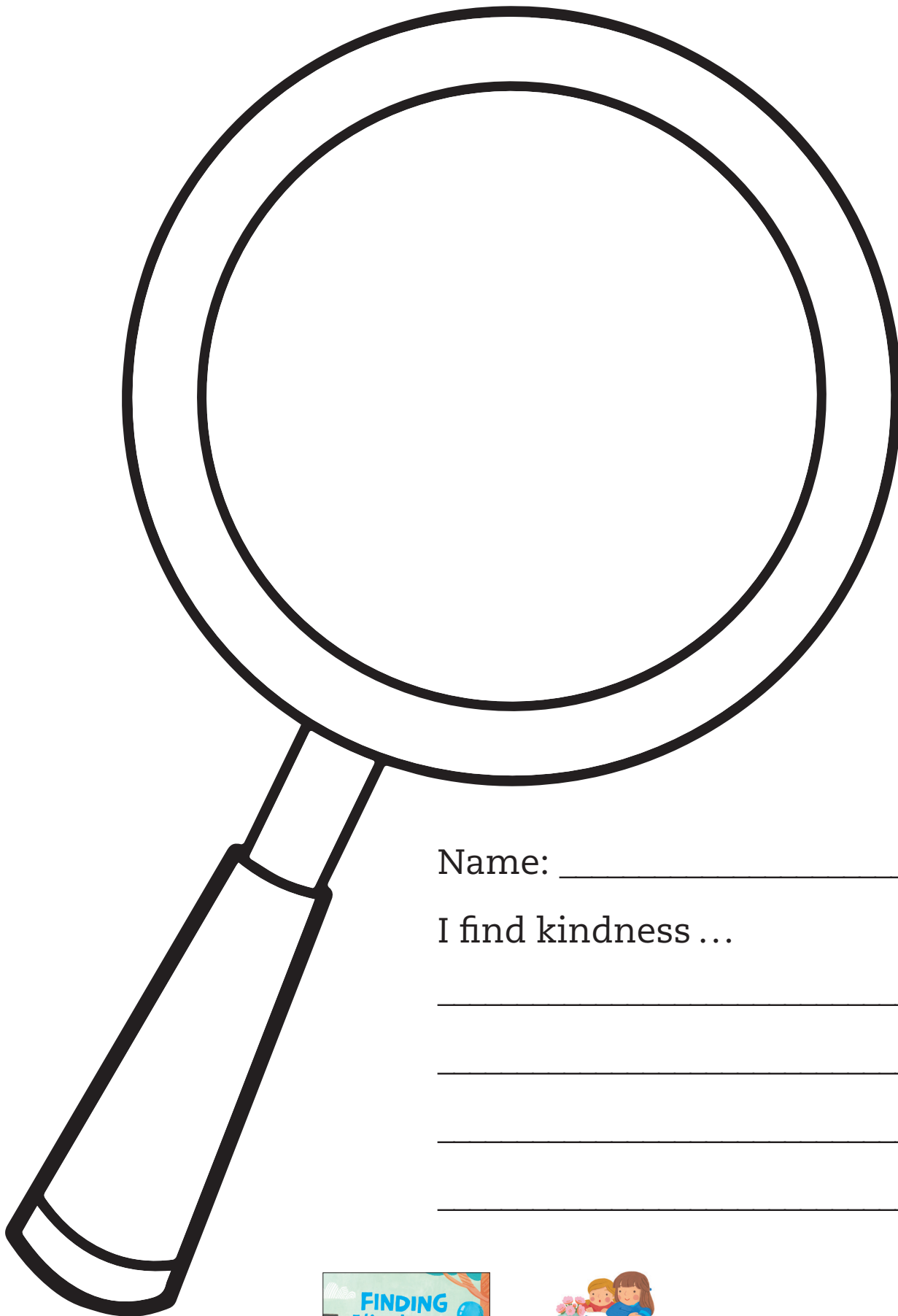


FINDING KINDNESS

by Deborah Underwood; illustrations by Irene Chan
Ages 4–8

HENRY HOLT

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Name: _____

I find kindness ...



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Where Do You See Kindness?

In this book, we see so many kind gestures on each page!
Can you find 5 acts of kindness in the picture below?

Circle each one.



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10 Acts of Kindness Checklist

Let's practice being kind by completing the list below.
Don't forget to **check off each action** as you go!

- 1. Say "Hi!" to your neighbor.
- 2. Give your parent/guardian a hug.
- 3. Ask a new friend to join you at recess.
- 4. Hold a door open for someone.
- 5. Read a book with a friend.



- 6. Cheer up someone who's feeling down.
- 7. Sing a song with a friend.
- 8. Make someone laugh.
- 9. Draw a picture for someone you love.
- 10. Smile at someone you see today.



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Finding Kindness Word Search

There are so many ways to be kind to each other!
Can you find some below?

N A F A J R I C N M O
 W S S P S A T I O E R
 E H H P K C H S I Y F
 D A E R E A D L I R O
 P R R E A R P I T T R
 H E E C M E E S T E G
 Z A R I O T O N A E I
 E T Y A X C I D K P V
 Y A I T G N S M I L E
 M I M E R Y I S S R O
 E G E L L O C L S R T

FORGIVE

SMILE

SHARE

KISS

READ

CARE

APPRECIATE

ANSWERS

J R I C N M O
 W S S P S A T I O E R
 E H H P K C H S I Y F
 D A E R E A D L I R O
 P R R E A R P I T T R
 H E E C M E E S T E G
 Z A R I O T O N A E I
 E T Y A X C I D K P V
 Y A I T G N S M I L E
 M I M E R Y I S S R O
 E G E L L O C L S R T



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